

The Keystone for Independence – Low Vision, Vision Loss, and Cognitive Decline in Older Adults

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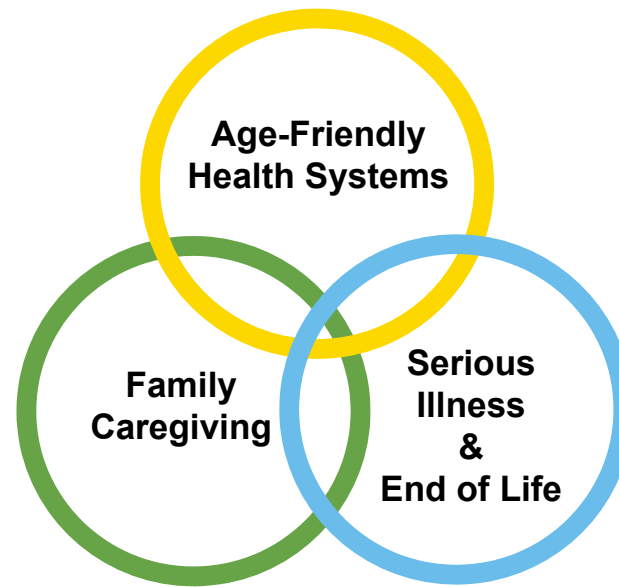
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Dedicated to Improving the Care of Older Adults

Priority Areas:



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Age-Friendly World = Vision-Friendly World



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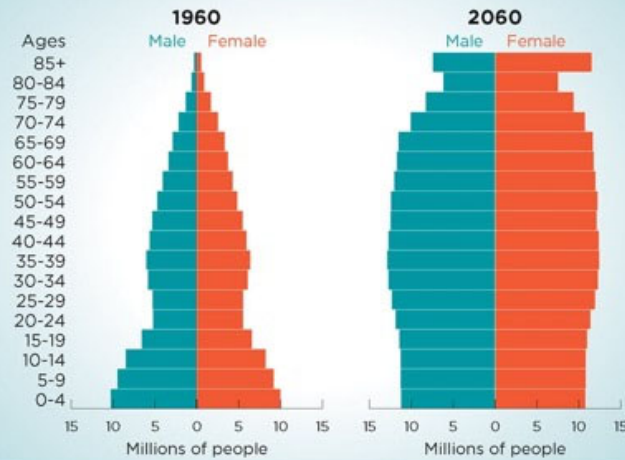
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Why Older Adults?

From Pyramid to Pillar: A Century of Change

Population of the United States



United States
Census
Bureau

U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU
census.gov

Source: National Population
Projections, 2017
www.census.gov/programs-surveys/
/popproj.html



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WHO: Global Network for an Age-Friendly World

What is an age-friendly world?

A world in which you would want to grow older.

Environments that foster healthy and active aging and enable people to:

- age safely in a place that is right for them
- be free from poverty
- develop personally
- contribute to their communities
- retain autonomy, health and dignity

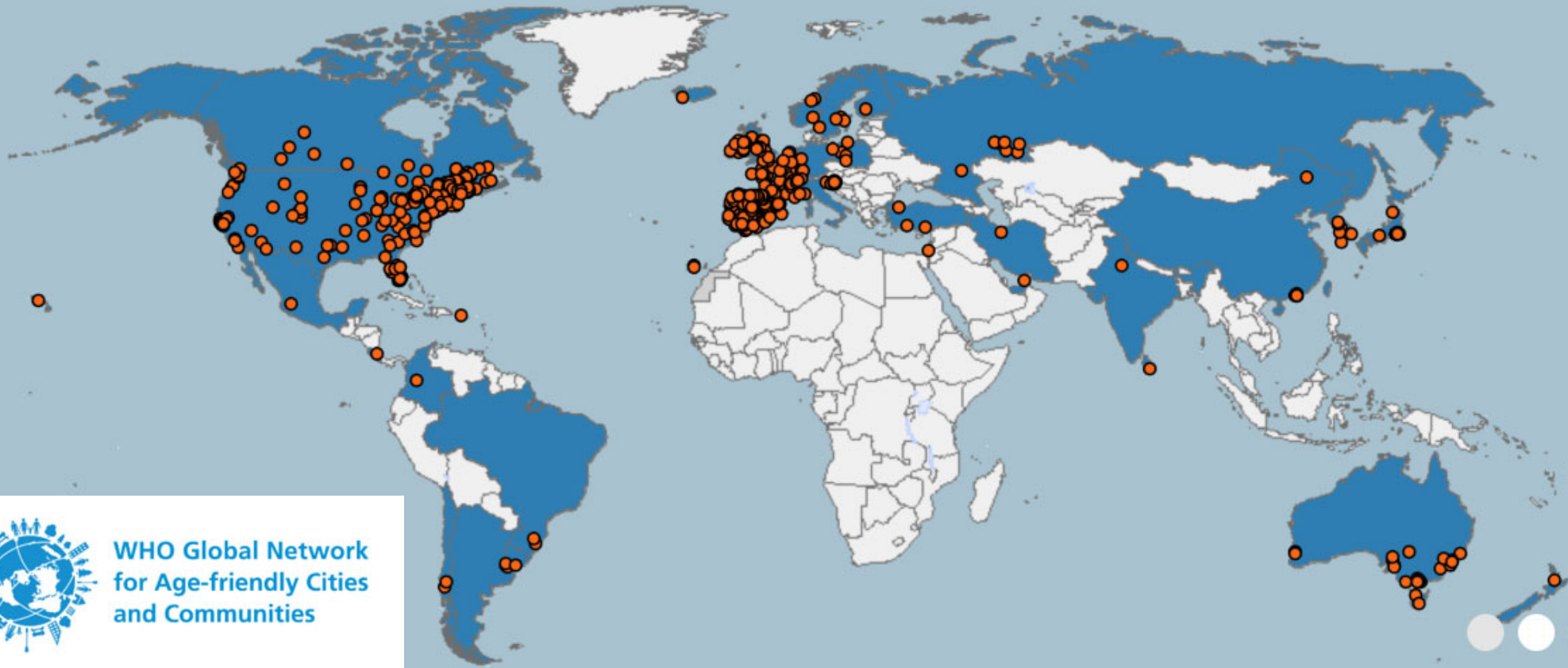
Older people know best what they need, so they must be at the center of any effort to create a more age-friendly world.



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WHO Global Network
for Age-friendly Cities
and Communities



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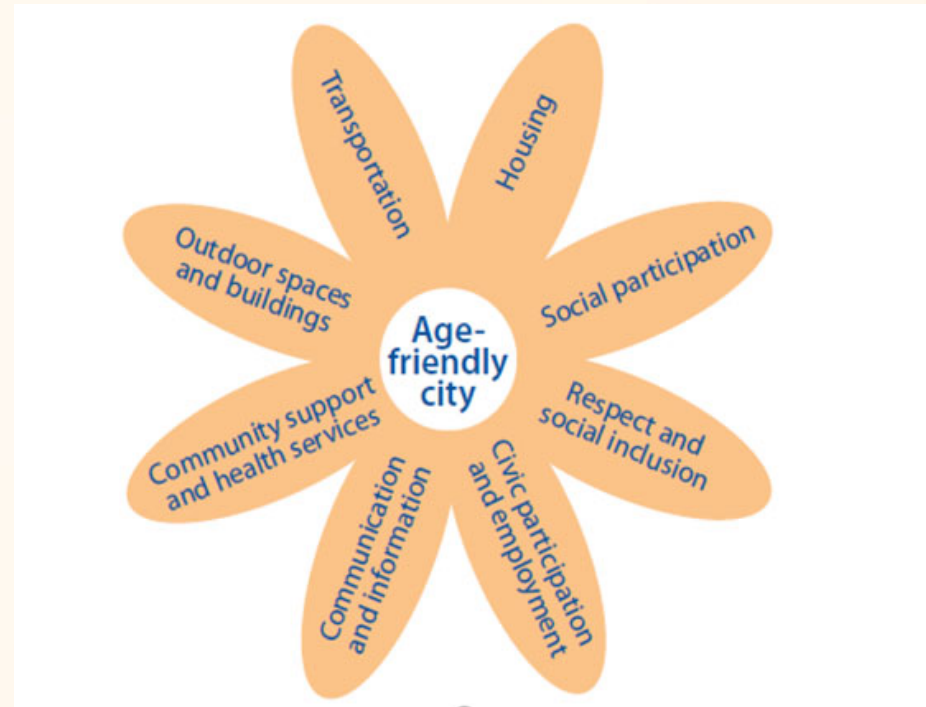
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WHO/AARP Age-Friendly States & Communities

Great Places for All Ages

AARP Livable Communities supports neighborhoods, towns, cities and rural areas to be great places **for all ages**.

Age-Friendly Communities provide **safe, walkable streets; housing and transportation** options; access to needed **support services**; and opportunities for all ages to participate in **community life**.



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Age-Friendly
Health Systems



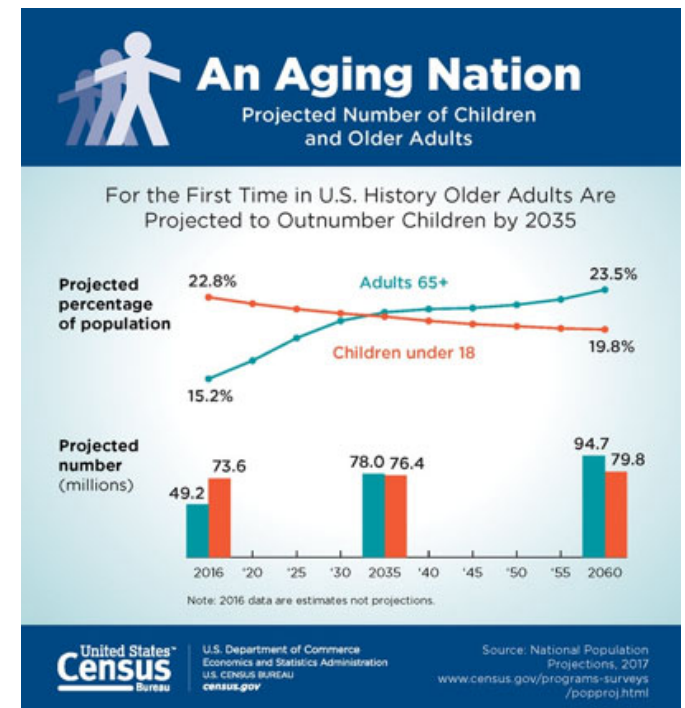
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Why Age-Friendly Health Systems?

- Demography
- Complexity
- Disproportionate Harm



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The Game-Changing Aim



Build a social movement so *all* older adults receive *age-friendly care*:

- Guided by an essential set of evidence based practices (4Ms)
- Causes no harms
- Is consistent with What Matters to the older adult and their family

Our **first** aim is to reach 20% by December 31, 2020:
1000 hospitals and 1000 primary care practices



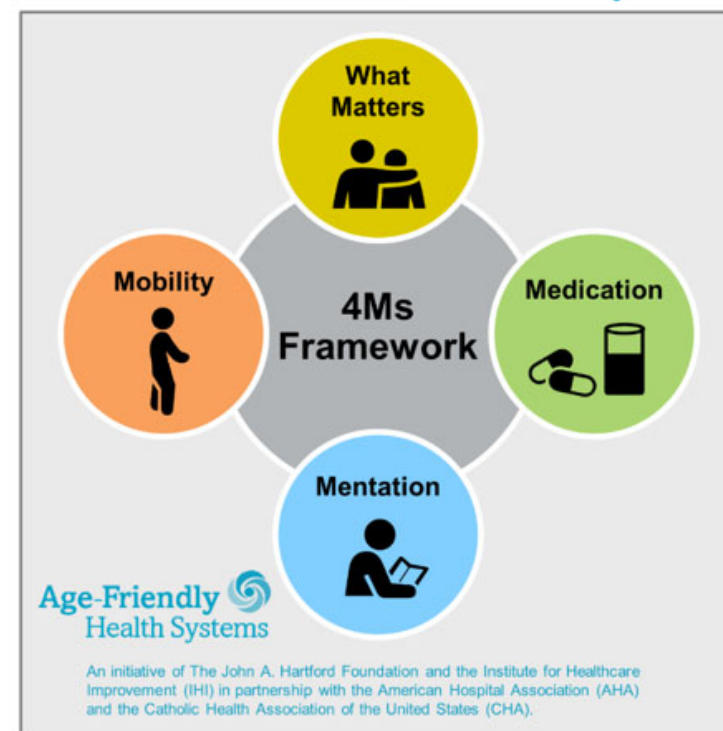
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The 4Ms Framework

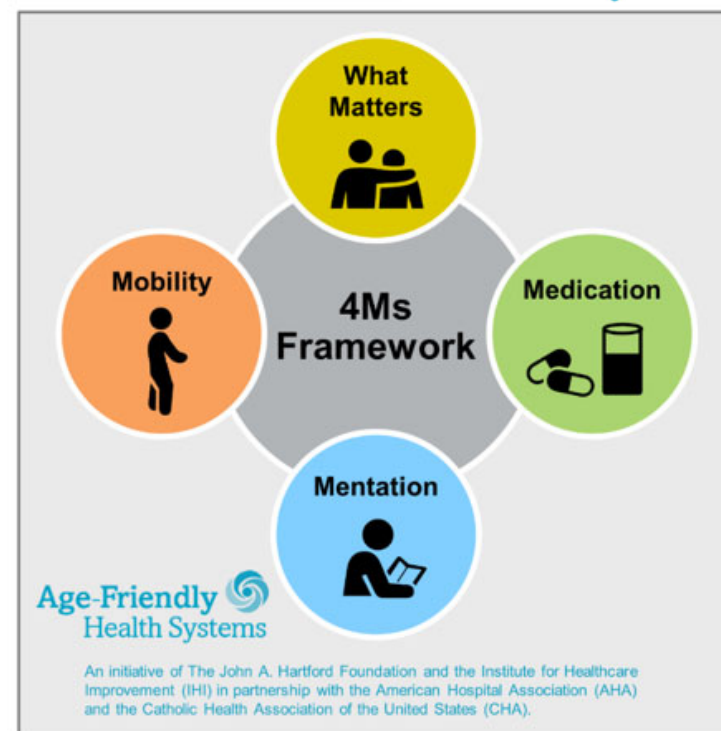
- Builds on very strong evidence
- Represents core health issues that matter to older adults
- Simplifies & reduces implementation and measurement burden while increasing effectiveness
- Components are synergistic and reinforce one another
- Has an impact on key quality and safety outcomes



The 4Ms Framework

Where is vision care?

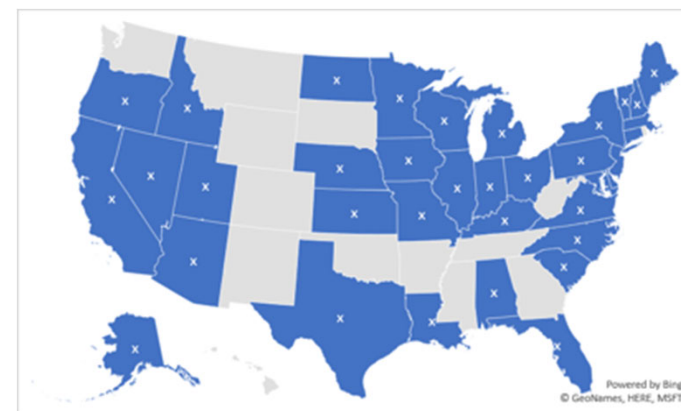
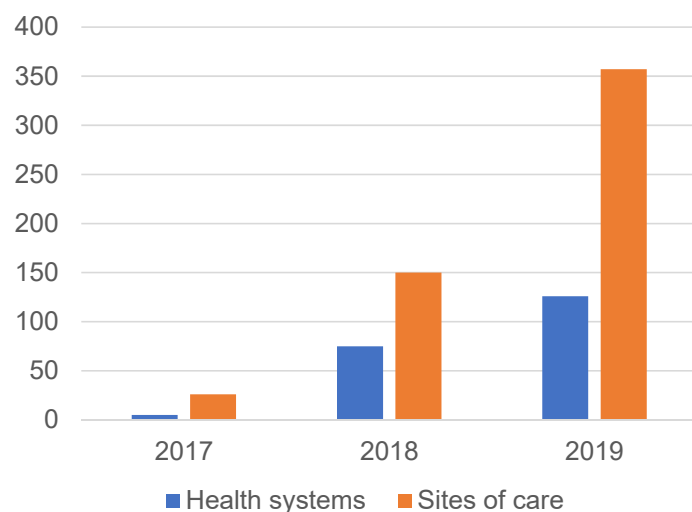
EVERYWHERE



Age-Friendly on the Rise



Cumulative growth in participation
(as of Feb 2019)



126 systems 357 sites
37 states



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**Age-Friendly Public
Health Systems**



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Age-Friendly Public Health Systems

- 4Ms of Age-Friendly :**
- **What Matters**
 - **Medication**
 - **Mentation**
 - **Mobility**

- Assure Acting On the 4Ms:**
- Assure Workforce Competent in Age-Friendly Care
 - Link to Health Systems and Area Agencies on Aging addressing Age-Friendly Care
 - Evaluate 4Ms – Goal of Primary & Secondary Prevention of 4Ms



- Assess Acting On the 4Ms:**
- What Matters/Advance Care Planning
 - Medication Management
 - Maintain Cognitive Wellness/ Address Social Isolation
 - Mobility/Fall Risk

- Policy to support Acting on the 4Ms:**
- Empower older adults and caregivers to demand Age-Friendly care
 - Engage older adults and caregivers in actions that support their health
 - Develop policies to promote Age-Friendly care and embed 4Ms



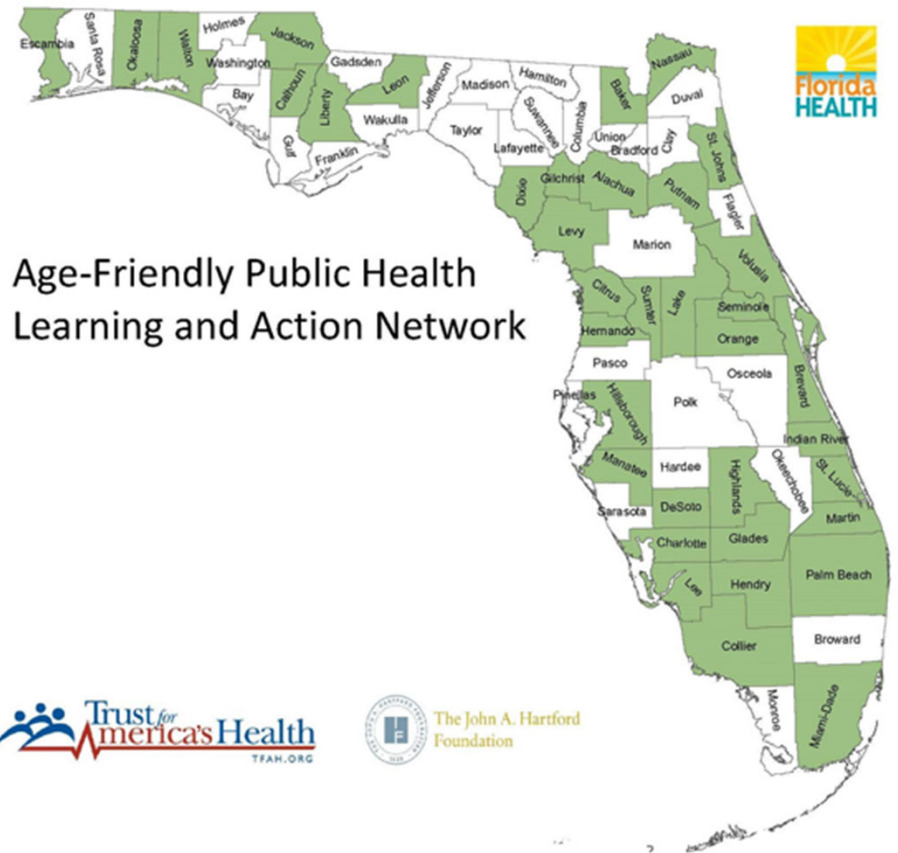
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Age-Friendly Public Health Systems

32 Teams
60 Participants
37 Counties



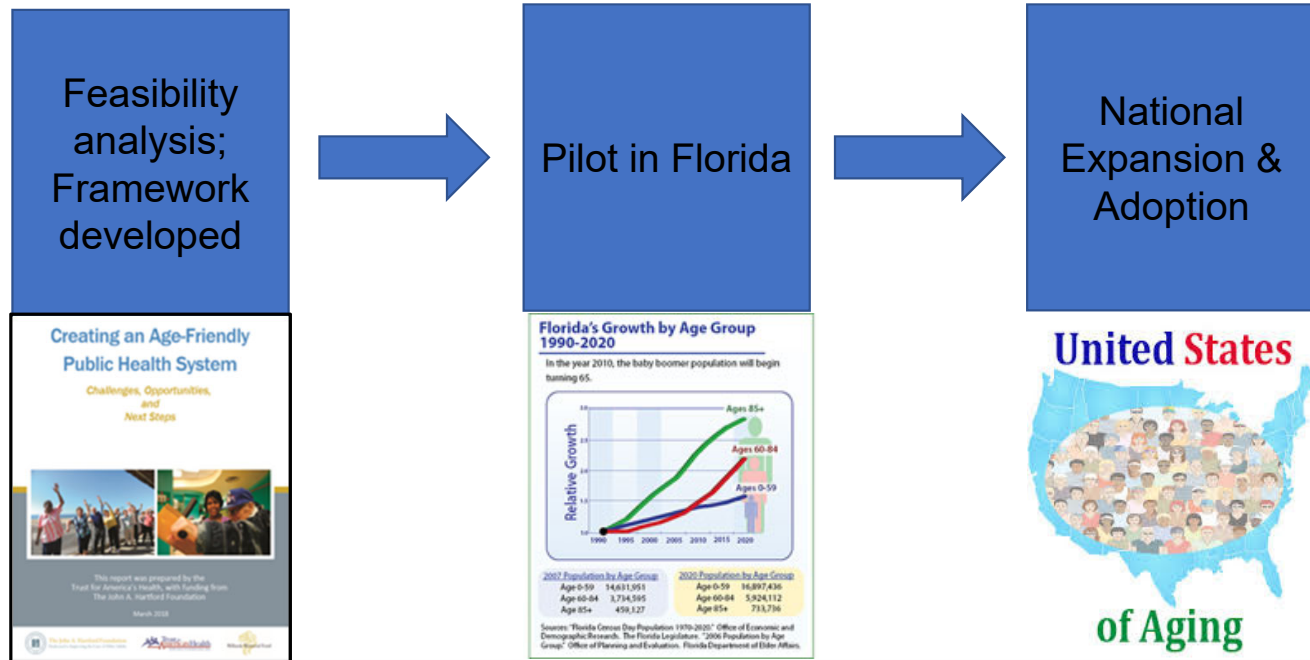
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Age-Friendly Public Health Systems

Goal: Create An Age-Friendly Public Health System

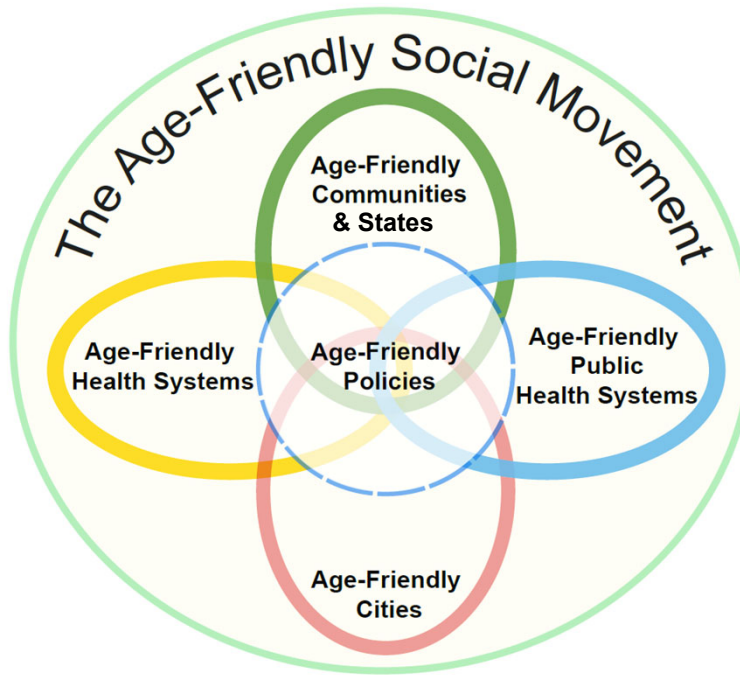


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Advancing an Age-Friendly Social Movement



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Age-Friendly = Vision-Friendly

Policy Action

- Implement public health vision screening programs in senior centers and other settings with older adults
- Review and potentially expand Medicare coverage of vision services and low vision devices
- Include vision-related measures in national surveillance surveys

Community Action – Support Programs to:

- Increase access to screenings, eyeglasses, etc. (e.g., libraries having reading aids)
- Make home environments more vision-accessible (structured environments, lighting)
- Assist people with low vision through technology, volunteer programs, etc.



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