



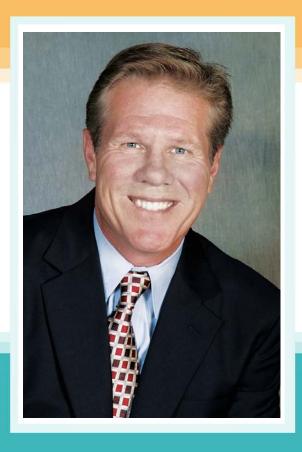
5th Annual

FOCUS ON EYE HEALTH NATIONAL SUMMIT

VISION TO ACTION: Collaborating Around a National Strategy

Wednesday, July 13, 2016 National Press Club | Washington, DC





Hugh Parry
President & CEO
Prevent Blindness





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The Focus Initiative



The Focus Initiative

is a virtual forum for those working in vision and public health. This professional network encourages the sharing of resources (research, webinars, events, etc.) among the vision and public health community.

Check out the website: www.preventblindness.org/focus

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Moderator



Kathleen Murphy, DNP, RN, NEA-BC, FAAN University of Texas Medical Branch





Jinan Saaddine, MD, MPH CDC Vision Health Initiative



NASEM Study Sponsors

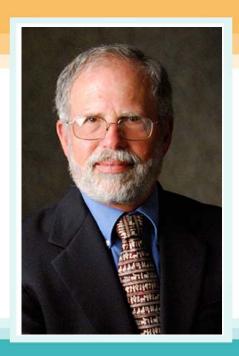
National Academies of Sciences, Engineering, and Medicine Consensus Study on Public Health Approaches to Reduce Vision Impairment and Promote Eye Health

Study Sponsors:

American Academy of Ophthalmology
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Association for Research in Vision and Ophthalmology
Centers for Disease Control and Prevention
National Alliance for Eye and Vision Research
National Center for Children's Vision and Eye Health
National Eye Institute
Prevent Blindness
Research to Prevent Blindness



Overview of Forthcoming National Academies of Sciences, Engineering, and Medicine's Consensus Study on Public Health Approaches to Reduce Vision Impairment and Promote Eye Health



Steven Teutsch
MD, MPH,
Committee Chair



Eve Higginbotham
SM, MD,
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Member



Sandra Block
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Heather Whitson
MD, MHS,
Committee
Member

National Academies of Science, Engineering, and Medicine's Consensus Study on: Public Health Approaches to Reduce Vision Impairment and Promote Eye Health

Steven Teutsch, MD, MPH Adj. Prof. UCLA Sr. Fellow Public Health Institute Sr. Fellow, U. of So. Cal.

July 13, 2016

Prevent Blindness' 2016 Focus on Eye Health National Summit: Vision to Action - Collaborating Around a National Strategy

Disclosure

- The committee is currently in the midst of the review process. Comments made by members of the committee should not be interpreted as positions of the committee, or of the Health and Medicine Division or the National Academies of Sciences, Engineering, and Medicine.
- We cannot discuss the content of the draft report as this may change, nor discuss the deliberations of the committee.

Statement of Work

The National Academies of Sciences, Engineering, and Medicine will conduct a consensus study to examine the core principles and public health strategies to reduce visual impairment and promote eye health in the United States. The study will describe limitations and opportunities to improve vision and eye health surveillance; reduce vision and eye health disparities; promote evidence-based strategies to improve knowledge, access and utilization to eye care; identify comorbid conditions and characterize their impact; and promote health for people with vision impairment. The study will also examine the potential for public and private collaborations at the community, state, and national levels to elevate vision and eye health as a public health issue. Specifically, the committee will examine and make recommendations on the following . . .

Statement of Work (cont.)

- (1) Characterizing the Public Health Burden. Describe and characterize the public health significance of eye disease (e.g., glaucoma, macular degeneration, diabetic retinopathy, and cataract) and vision loss, and the relationship between vision loss and quality of life, health disparities, and comorbid conditions. Identify opportunities to improve surveillance, monitoring, and data integration strategies and to define metrics to support a more accurate assessment of the public health burden of eye diseases and vision loss.
- (2) **Prevention and Care.** Explore innovative models of care, innovative technologies, their application to eye disease/ vision impairment detection and management, as well as barriers to their development and use. Examine and explore current and future areas of research on public health interventions that target prevention; access to, and utilization of, vision and eye care; and improved patient outcomes.

Statement of Work (cont.)

- (3) Evidence-Based Health Promotion Interventions. Identify strategies to develop, test, and encourage the implementation of health promotion interventions that are evidence based for people with vision impairment.
- (4) Eye Health and Vision Loss as a Public Health Priority. Categorize and discuss the possible short— and long—term collaborative strategies to promote vision and eye health as a public health priority, including: (a) the role of public—private partnerships (e.g., improving public awareness; improving vision and eye care through federal, state, and community—based partnerships, and enhancing professional education); (b) the role of federal government and state and local communities in integrating vision and eye health interventions into existing public health programs (including systems and policy changes that support vision and eye health) that are both implementable and sustainable; and (c) engagement of key national partners to form collaborations for research, service delivery, outreach, and community—based studies to successfully improve access and quality to vision and eye care.

Study Sponsors

American Academy of Ophthalmology American Academy of Optometry American Optometric Association Association for Research in Vision and Ophthalmology Centers for Disease Control and Prevention National Alliance for Eye and Vision Research National Center for Children's Vision and Eye Health National Eye Institute **Prevent Blindness** Research to Prevent Blindness

Committee on Public Health Approaches to Reduce Vision Impairment and Promote Eye Health

Steven M. Teutsch, M.D., M.P.H. (Chair)

University of California, Los Angeles Public Health Institute University of Southern California

Sandra S. Block, O.D., M.Ed., M.P.H. Illinois College of Optometry International Opening Eyes

Lori Grover, O.D., Ph.D. Salus University

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Karen Glanz, Ph.D., M.P.H.
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Eve Higginbotham, M.D. University of Pennsylvania

Edwin C. Marshall, O.D., M.S., M.P.H. Indiana University

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Joyal Mulheron, M.S. Sagacity Group, LLC

Sharon Terry, M.A. Genetic Alliance

Cheryl Ulmer
Institute of Medicine (retired)

Rohit Varma, M.D., M.P.H. University of Southern California

Heather E. Whitson, M.D., M.H.S. Duke University

Today's Agenda

Intro and Population Health

Steven M. Teutsch, M.D., M.P.H.

The Changing Health Care System

Eve Higginbotham, M.D.

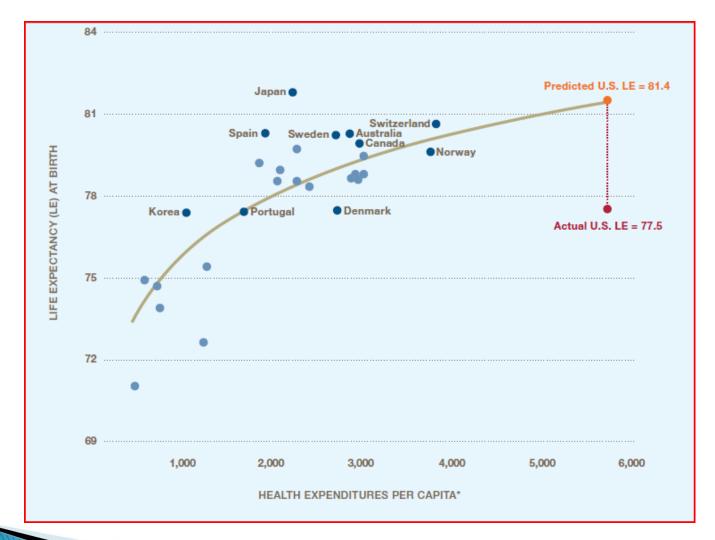
Vulnerable Populations and Access to Care

Sandra S. Block, O.D., M.Ed., M.P.H.

Aging and Comorbidities

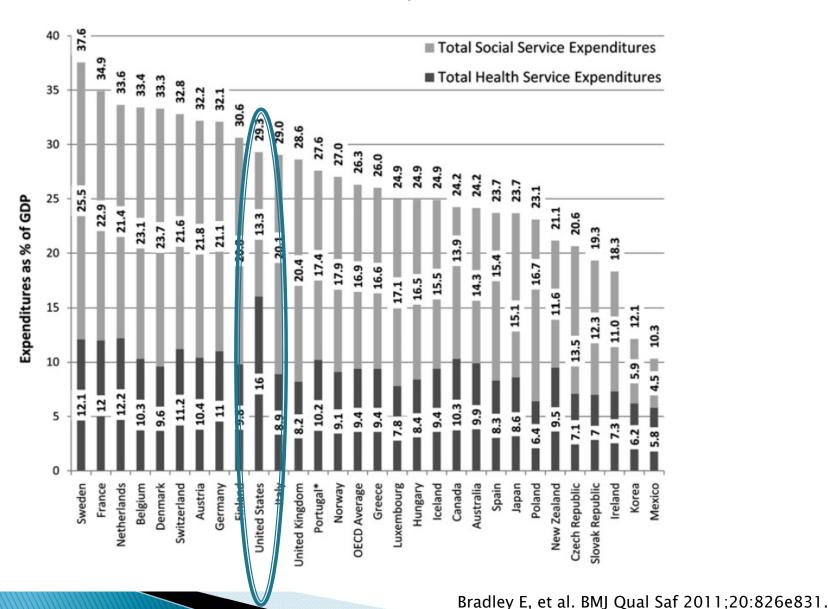
Heather E. Whitson, M.D., M.H.S.

Problem: America is Not Getting Good Value for Its Health Care Dollar



Prepared for the Robert Wood Johnson Foundation by the Center on Social Disparities in Health at the University of California, San Francisco. Source: OECD Health Data 2007. Does not include countries with populations smaller than 500,000. Data are for 2003. *Per capita health expenditures in 2003 U.S. dollars, purchasing power parity

Total Health and Social Services Expenditures OECD Nations, 2005

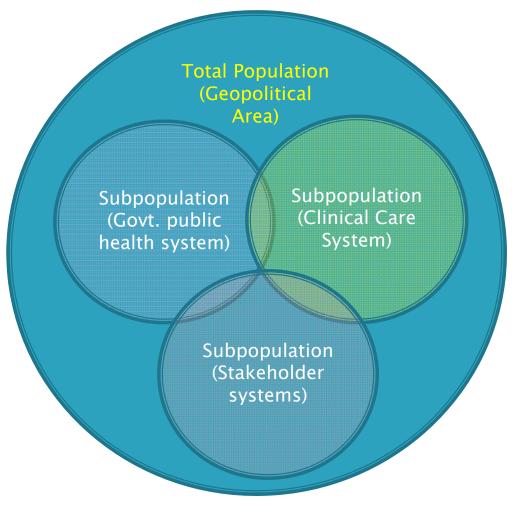


Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.

 Preamble to the Constitution of the World Health Organization, 1948

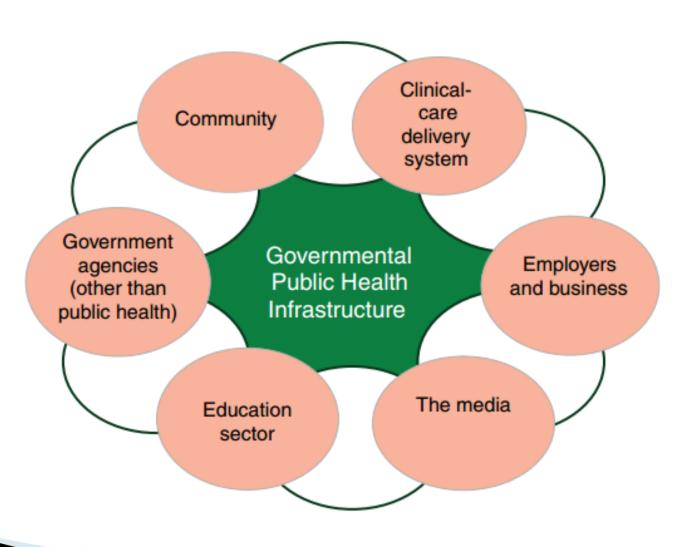
Public health is responsible for creating the conditions for people to be healthy

The Total Population and Subpopulations

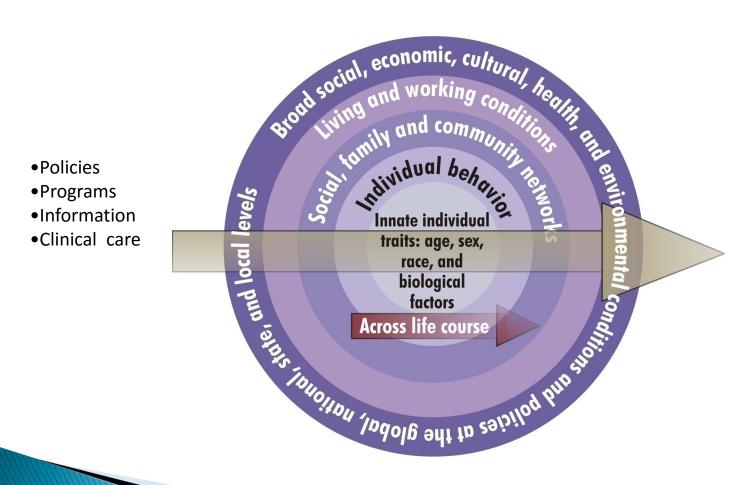


Jacobson D, Teutsch S. An Environmental Scan of Integrated Approaches for Defining and Measuring Total Population Health. NQF 2012.

The Health System



Ecologic Model of Health



- Behavioral outcomes
- Specific risk factors, diseases, &conditions
- Injuries
- Well-being & healthrelated Quality of Life
- Health equity



Healthy People Live in Healthy Communities

- Meet basic needs of all
 - Safe, sustainable, accessible and affordable transportation
 - Affordable, accessible and nutritious healthy foods
 - Affordable, high quality, socially integrated and location-efficient housing
 - Affordable, high quality health care
 - Complete and livable communities including affordable and high quality schools, parks and recreational facilities, child care, libraries, financial services, and
 - other daily needs
- Quality and sustainability of environment
- Adequate levels of economic and social development
- Social and health equity
- Social relationships that are supportive and respectful

Adapted from: Linda Rudolph and the California Strategic Growth Council, Health In All Policies Task Force

Core Public Health Functions and Essential Services



http://www.cdc.gov/nphpsp/essentialservices.html



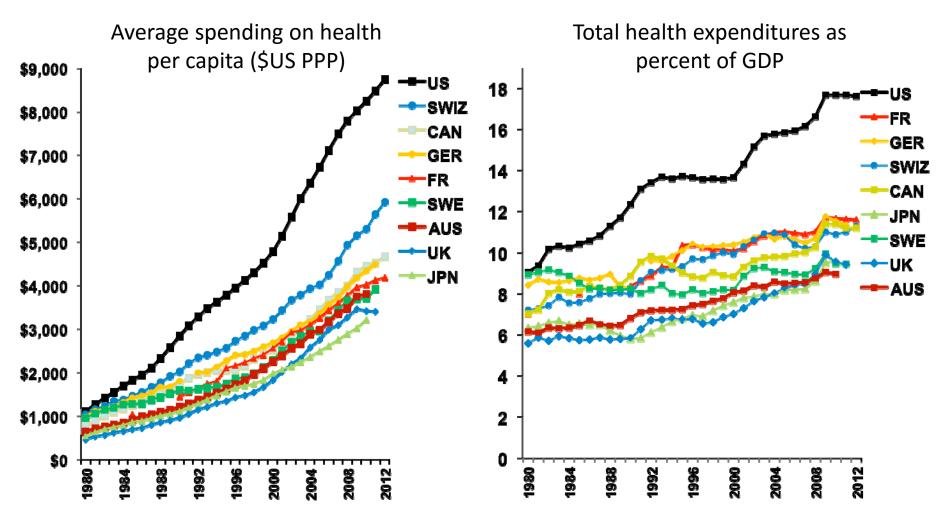
Can Healthcare Reform Transform Eye Health in the United States?

Eve J. Higginbotham SM, MD Vice Dean, Perelman School of Medicine Senior Fellow, Leonard Davis Institute Professor, Ophthalmology University of Pennsylvania

Can Healthcare Reform Transform Eye Health in the United States?

- The Broad Context for Healthcare Reform
- Measurable Advances following the Passage of the Affordable Care Act
- Implications of the Medicare Access
 & CHIP Reauthorization Act of 2015
 (MACRA)
- Important Role of Prevent Blindness

U.S. Spending Higher: Health Spending in Selected OECD Countries, 1980–2012



Note: PPP = Purchasing power parity.

Source: Commonwealth Fund, from OECD Health Statistics 2014. Available at http://www.oecd.org/els/health-systems/health-data.htm.





Health Disparities Persist

- Systemic structural and institutional factors contribute significantly to disparities in health¹
- Age, ethnicity, sex, and chronic health conditions contribute to disparities in vision impairment and age related eye diseases²
- Visual impairment related to glaucoma and diabetic retinopathy is more common among African Americans and Latinos compared to non Hispanic whites³
- 1. IOM (Institute of Medicine). 2003. Unequal treatment: Confronting racial and ethnic disparities in health care. Washington, DC: The National Academies Press.
- 2. Gohdes DM, Balamurugan A, Larsen BA, Maylahn C. Age-related eye diseases: an emerging challenge for public health professionals. Prev Chronic Dis 2005;2:A17.
- 3. Ryskulova A, Turczyn K, Makuc DM, Cotch MF, Klein RJ, Janiszewski R. Self-reported agerelated eye diseases and visual impairment in the United States: results of the 2002 national health interview survey. Am J Public Health 2008;98:454Y61.



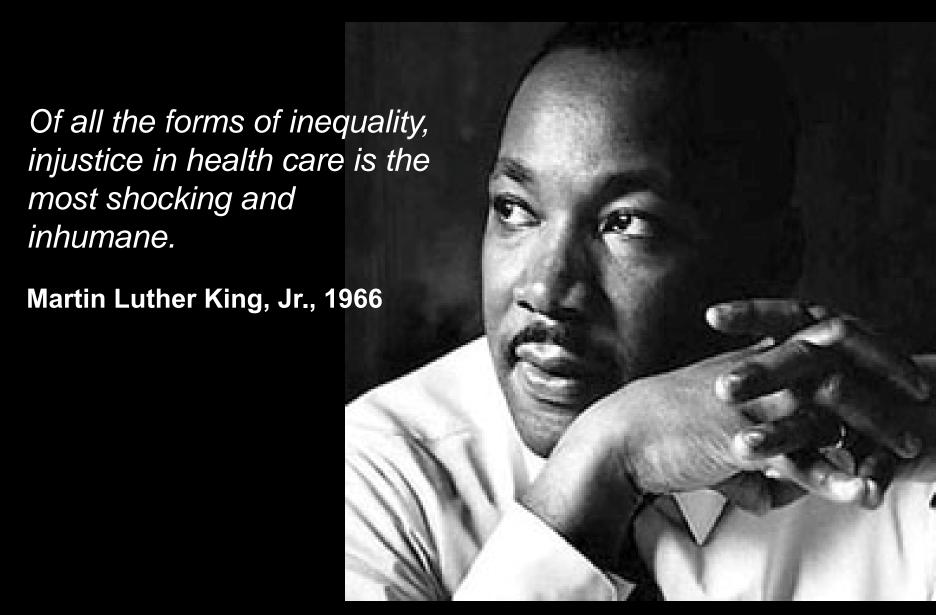


Visual Impairment Has an Emotional Impact

- ≥70% of people fear blindness more than
 - being deaf
 - having to use a wheelchair
 - losing a limb¹
- Only cancer and heart disease are feared more²
- Patients with severe vision loss (≥20/200) would trade 39% of their remaining years for permanent normal vision³
 - Similar to patients with moderate to severe stroke, severe angina, pre-surgical ulcerative colitis, and severe tuberculosis³
- Current health, sustainability of health, and subjective well being are important population health metrics⁴
- 1. R. Statistics on Vision Impairment: A Resource Manual. 2002.
- 2. Glaucoma Research Foundation. Glaucoma Facts.
- 3. Brown MM, et al. Ophthalmology. 2003;110:1076-1081
- 4. Kottke, T. E., J. M. Gallagher, S. Rauri, J. O. Tillema, N. P. Pronk, and S. M. Knudson. 2016. **New summary measures of population health and well-being for implementation by health plans and accountable care organizations.** National Academy of Medicine, Washington, DC

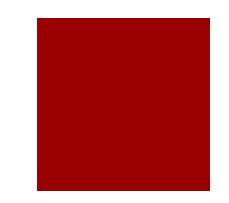






Courtesy of Joan Reede, MD, MPH, MBA2010

The Affordable Care Act Broadly Impacts the HealthCare



1.*	Quality, Affordable Health Care for All Americans
II.*	Medicaid Expansion
III.*	Improving the Quality and Efficiency of Health Care
IV.*	Prevention of Chronic Disease and Improving Public Health
V.*	Health Care Workforce – Supports training of Primary care Doctors

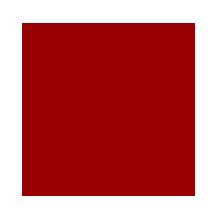
^{*}Pertinent to Eye Health Initiatives

The Affordable Care Act Broadly Impacts HealthCare

VI	Transparency and Program Integrity –Reporting of gifts to physicians, state-driven changes to litigation of medical malpractice
VII*	Improving access to innovative medical technologies
VIII*	Community living assistance services and supports
IX*	Revenue Provision, e.g. excise tax on cosmetic services, medical device tax on the device manufacturing sector
X	Reauthorization of the Indian Health Care Improvement Act

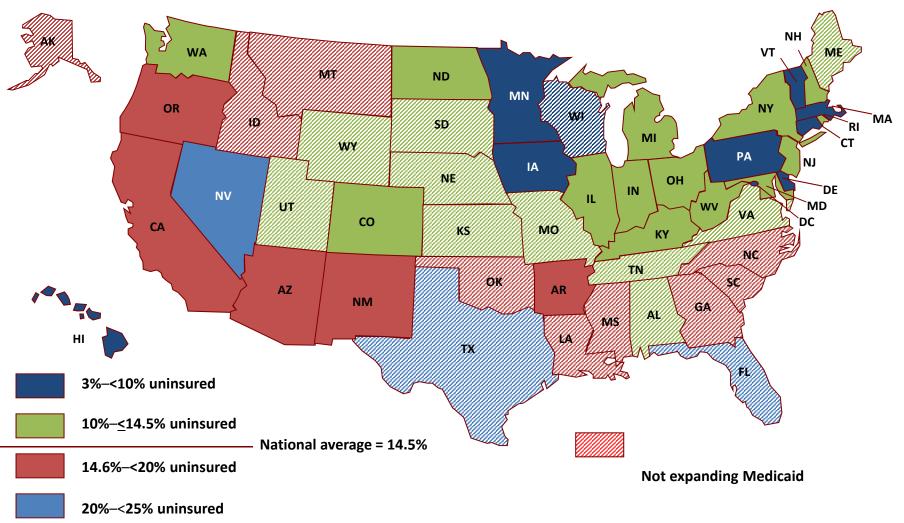
^{*}Pertinent to Eye Health Initiatives

Specific Positive Impactors of the Affordable Care Act to Eye Health



- Expansion of Medicaid
- Increased use of Electronic Medical Records
- Use of Evidence-Based Practice Guidelines
- Ambulatory Surgery Centers Become Attractive Models for Outpatient Surgical Procedures
- Pediatric Vision Exams are Reimbursed -Mandated

Although the Proportion of Uninsured Has Been Reduced, the Number of Uninsured Individuals Remains High



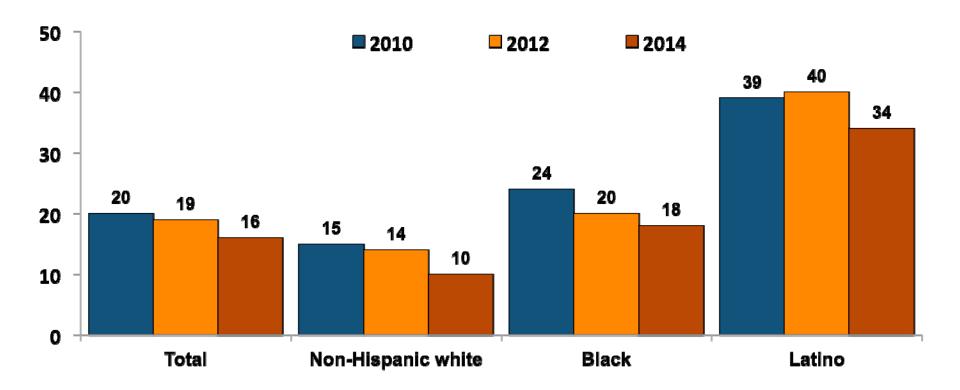
Source: *Health Insurance Coverage in the United States: 2013.* U.S. Census Bureau, 2012 and 2013 1-year American Community Surveys.





Uninsured Rates Declined Among Whites, Blacks, and Latinos in 2014

Percent of adults ages 19–64 who are uninsured



Source: The Commonwealth Fund Biennial Health Insurance Surveys (2010, 2012, and 2014)

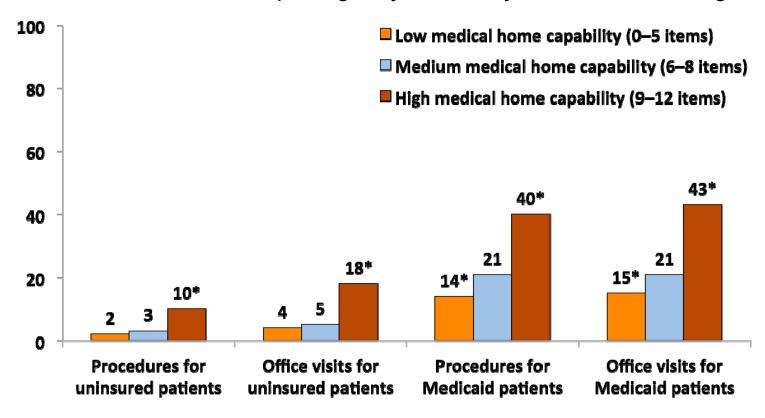






Medical Homes Provide Greater Access to Specialist Office Visits and Procedures

Percent of FQHCs reporting they can easily obtain the following:



Medical home capability is defined using a 12-item set of advanced functions from six categories: access/communication, patient tracking/registry, care management, test/referral tracking, quality improvement, and external coordination.

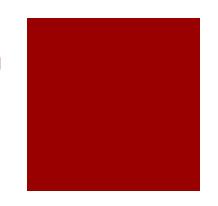
* p < 0.05, referent to medium capability.

COMMONWEALTH

Source: The Commonwealth Fund 2009 and 2013 Surveys of Federally Qualified Health Centers.



Medicare Access and CHIP Reauthorization Act (MACRA): New Medicare Payment Law that aims to fundamentally change the health care payment system



MACRA repeals the SGR formula (Fee for service) MACRA aligns reimbursement to quality and outcomes

MACRA incentivizes
clinicians to
participate in riskbearing,
coordinated care
models

http://www2.deloitte.com/us/en/pages/life-sciences-and-health-care/articles/macra.html, Accessed July 8, 2016

Emphasis on Population Health May Negatively Impact Eye Health Unless...

- Eye health is advanced as an integral component of population health
- Eye care providers become better integrated into health systems
- Access to preventive services is optimized
- Efforts related to health promotion are intensified
 - important role of Prevent Blindness
 - Particularly in the areas of prevention, need for care, access to care, and chronic eye disease education

Can Healthcare Reform Transform Eye Health in the United States?

Only if we are prepared as a community



Global Burden of Disease and Access to Care for Vulnerable Populations

Sandra S. Block, OD, M Ed MPH Professor, Illinois College of Optometry



Presenter Disclosures

The author has no financial relationships with commercial interests relevant to this presentations to disclose.



What drove me to be a part of the NASME?

- I have been an eye care provider for more than 30 years. My experiences have peaked my interest in public and population health.
- My professional path has taken me to work with populations that typically poor advocates for themselves.
 - Infants, toddlers, preschoolers, and school aged adolescents in Illinois
 - Children and adults with disabilities across the globe
- Studies have shown people with intellectual disability and developmental disability world wide have poor access to eyecare.
 - Life expectancy for this group has changed from 9 years to more than 50 years of age with the advancement of health care. (though not universal for all races)
- In 1995, we looked at a small population of 900 SO athletes and found that only 33% of those reported having an eye exam in the past 3 years.



2010 Global Burden of Disease (WHO)

- 285 million people are visually impaired
- Of those, 39 million are blind and 246 receive low vision services
- Of this enormous number, up to 80% of these individuals have preventable causes of visual impairment and blindness
- 90% of visually impaired and blind individuals reside in developing countries

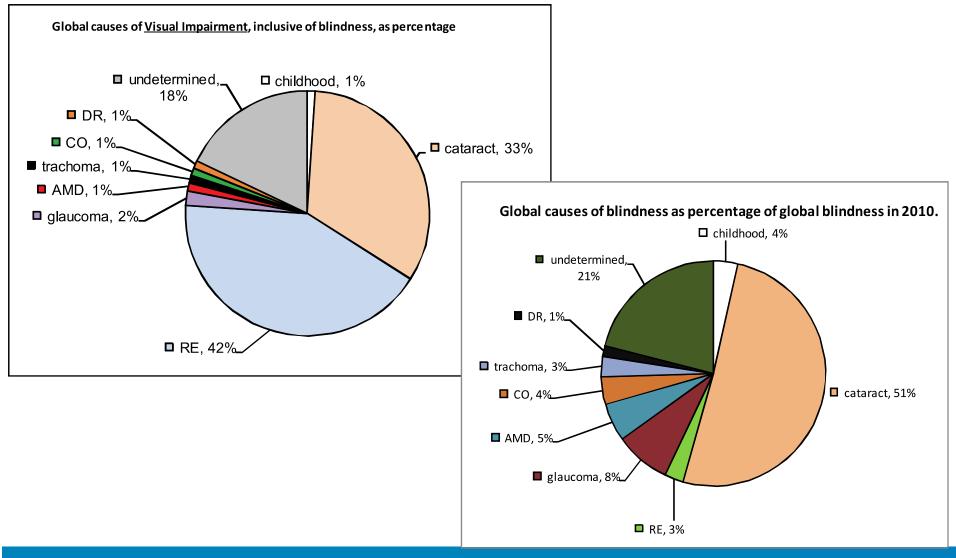


Global Burden of Disease

- While the data has showing some improvement in the prevalence in total amount of blindness, there are some issues that are concerning.
- We have heard at a previous PB Summit of the disparities that are felt by women. The study showed that 60% of blindness is found in women.
- Other inequities exist but before we address these at-risk groups I wanted to remind everyone of the primary causes vision loss.



Global Burden of Disease





Global Burden of Disease

■ The data was analyzed by looking at three age groups: children (0-14), adults (15-49) and adults over 49 years of age. The data reflects the changing demographics:

Ages (in years)	Population (millions)	Blind (millions)	Low Vision (millions)	Visually Impaired (millions)
0-14	1,848.50	1.421	17.518	18.939
15-49	3548.2	5.784	74.463	80.248
50 and older	1,340.80	32.16	154.043	186.203
all ages	6,737.50	39.365 (0.58)	246.024 (3.65)	285.389 (4.24)



Vulnerable Populations

- Lower socioeconomic status or poverty
- Developing countries
- Cognitive, physical, mental health or other disability
- Language barriers
- Cost of services
- Transportation
- Ethnicity
- Education level
- Youth and elderly



Chicago Public Schools

- Schools 675
- Enrollment 404,151
- 41.6% African American, 44.1% Latino
- 87% of the students are from low-income families



January, 2011 – December, 2013

- 14,929 students received comprehensive eye exams –
 birth to high school graduation
- 14,663 students were enrolled in CPS
- Students were referred by school due to failing a vision screening, lost glasses, teacher referral, or parent request



Demographics

Characteristics	Clinic Patients	Sending Schools	All CPS
Black/African American	60.6%	57.9%	41.4%
Latino/Hispanic	35.4%	37%	44.7%
Male	45.7%	50.4%	50.3%
Special Education	21%	12.9%	12.6%
Free/Reduced Lunch	94.3%	88.7%	83.5%
Neighborhood Poverty	0.489	0.462	0.205

Pretreatment Academic Indicators

Characteristics	Clinic Patients	Sending School	All CPS
Attendance	94%	93.4%	93%
Grade Point Average (GPA)	2.42	2.49	2.58
Math Scores	-0.324	-0.161	0.019
Reading Scores	-0.317	-0.149	0.015



CCSR - University of Chicago Consortium on Chicago School Research

- MOU with CPS data sharing for standardized tests,
 GPAs, along with other academic measures.
- IEI at Princeton contracted with CCSR to analyze the impact of attending IEI at Princeton on academic performance.
- Vision data was matched to academic data by student ID numbers (unique identifiers).



Notes of Interest

- ~50% of students presenting reported a previous prescription.
- 86% of students who reported having glasses presented for an exam without them.
- 35% had entering VA's poorer than 20/40



Results

 High School students: A significant positive effect (0.045, p=0.03) was seen for reading.

Math scores:

- Elementary students: A significant positive effect (0.015, p=0.045) was observed for math scores.
- High School students: A significant positive effect (0.073, p=0.00) was seen for math.
- o Latinos:
 - Reading scores improved



Conclusion

- Corrective lenses improve academic performance
- The effect may be more significant than we found due to the fact that we had no control of lens wear.
- The effect was lost in the second year which may be attributed to change in prescription, loss of glasses, or simply stopped wearing them



What are some of the challenges that we need to address?

- We need to ensure that all individuals who need eye care can receive quality eyecare?
- How best can we identify those in greatest need?
 - Better surveillance on the prevalence of eye health and vision problems in vulnerable population - National Center on Children's Vision and Eye Health is committed to improved documentation of vision services
 - Research on how to prevent or reduce the progression of vision problems



What are some of the challenges that we need to address?

- Improvements on identifying those at greatest risk for visual impairment and blindness
 - Screenings -
 - New Technology
 - Comprehensive eyecare
- Improved access to quality eyecare
- Equity in services



Thank you!

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Vision Impairment in the Aging Population

Heather E. Whitson, MD, MHS Duke University Medical Center

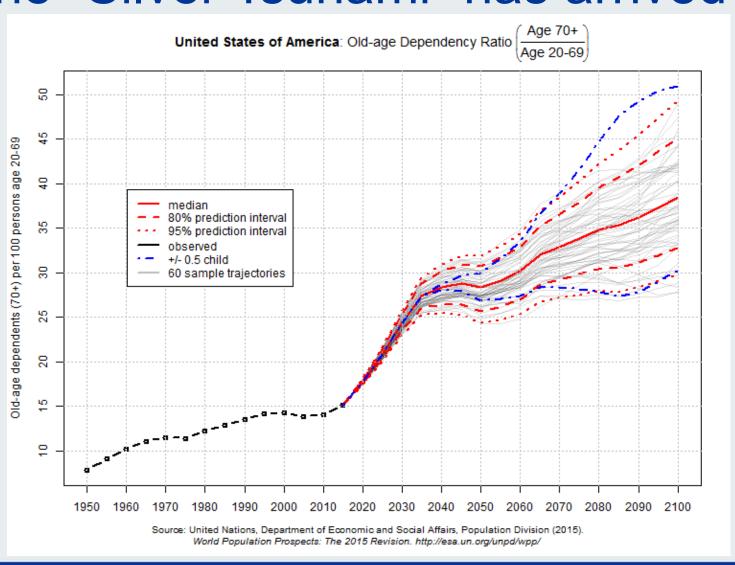








The "Silver Tsunami" has arrived







Prevalence of Chronic Vision Impairment in the U.S. is strongly age-related

Age (years)	Legal Blindness		Uncorrectable Low Vision		All Visually Impaired	
	Persons	%	Persons	%	Persons	%
60-69	59,000	0.3	176,000	0.9	235,000	1.2
70-70	134,000	0.8	471,000	3.0	605,000	3.8
<u>></u> 80	648,000	7.0	1,532,000	16.7	2,180,000	23.7

Data from National Health Interview Survey Lee DJ et al., *Arch Ophthalmol.* April 2004;122(4):506-509



The Ultimate Geriatric Syndrome: Multiple Chronic Conditions (MCC)

- MCC is Common
 - 2/3 of Medicare population has 2 or more chronic conditions
 - 23% have 5 or more chronic conditions
- Patients with MCC are at increased risk for
 - Hospitalization
 - Complications
 - Disability
 - Institutionalization
 - Death

Source: Medical Expenditure
Panel Survey 1998 (N=24,072)

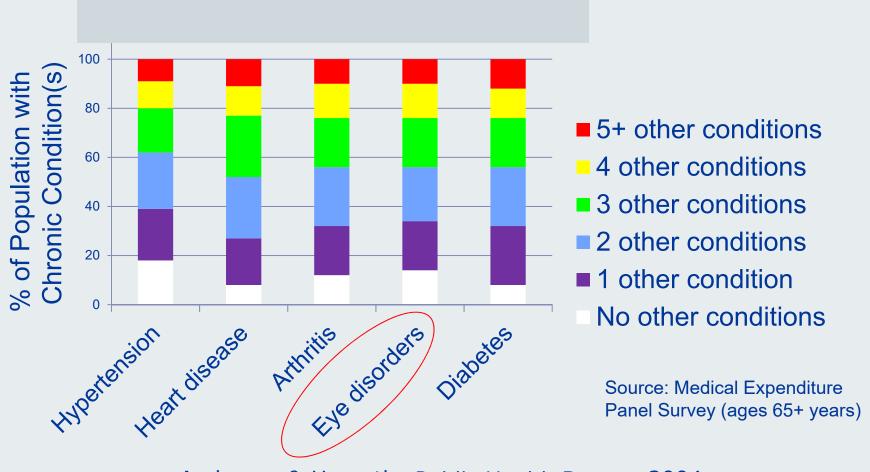








MCC is the Rule, not the Exception, in Eye and Vision Care in Seniors



Anderson & Horvath. Public Health Reports 2004





Comorbidities that are especially common in seniors with vision impairment

- Depression
- Hearing Impairment
- Cognitive Impairment
- Balance Impairment/Falls

Brody et al. Ophthalmology 2001 Ee-Munn et al. Archives of Ophthalmology 2006 Lin et al., J Am Geriatr Soc 2004 Klaver CC et al., Am J Epidemiol 1999 Whitson HE et al., Arch Gerontol Geriatr 2010 Lord SR et al., Clin Geriatr Med 2010

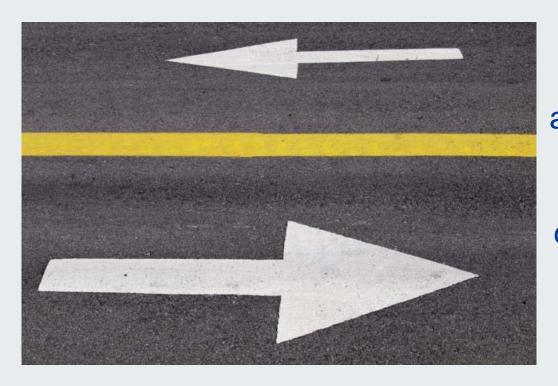






The Challenge of Comorbidity and Vision Health is a Two-Way Street

Comorbidity
affects
treatment
plans and
outcomes for
eye disease



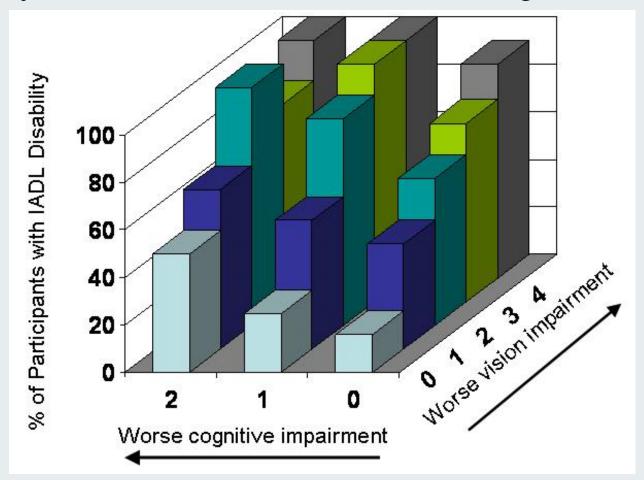
Poor vision affects patient experience and ability to care for other chronic conditions





The Double Whammy Effect on Health

Disability Rates in Comorbid Vision and Cognitive Impairment



Whitson et al. J Amer Geriatr Soc 2007





Patients with Multiple Chronic Conditions Still Really Value Vision

- 390 patients with ocular disease (ages 27 to 89)
 - 250 with "serious" comorbid illness (DM, heart disease, ESRD, cancer, or stroke)
- Time trade-off utility questions
 - E.g., how many years of remaining life would you trade for good vision?

No significant difference in response in those with vs. without the serious comorbid conditions

 Conclusion: Vision loss is a MAJOR detractor from patientperceived quality of life, whether or not the patient has serious systemic comorbid disease

MM Brown et al. Br J Ophthalmol 2002





One Geriatrician's Plea for A Better Way

- Care focused on the (whole) person
- Value driven by patient's goals
- Coordination across disciplines
- Partnering with communities
- Communication that empowers patients and caregivers

